

A reading from 1 Corinthians chapter 10 verses 1 through 5 and 12 through 13. You can find this reading on page 957 of your pew Bible.

For I do not want you to be unaware, brothers, that our fathers were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual Rock that followed them, and the Rock was Christ. Nevertheless, with most of them God was not pleased, for they were overthrown in the wilderness.

Therefore let anyone who thinks that he stands take heed lest he fall. No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

The Word of the Lord.

Thanks be to God.

Please join me in praying Psalm 81.

Leader: Sing aloud to God our strength;
shout for joy to the God of Jacob!

People: **Raise a song; sound the tambourine,
the sweet lyre with the harp.**

Leader: Blow the trumpet at the new moon,
at the full moon, on our feast day.

**People: For it is a statute for Israel,
a rule of the God of Jacob.**

Leader: He made it a decree in Joseph
when he went out over the land of Egypt.
I hear a language I had not known:

**People: “I relieved your shoulder of the burden;
your hands were freed from the basket.**

Leader: In distress you called, and I delivered you;
I answered you in the secret place of thunder;
I tested you at the waters of Meribah.

**People: Hear, O my people, while I admonish you!
O Israel, if you would but listen to me!**

Leader: There shall be no strange god among you;
you shall not bow down to a foreign god.

**People I am the Lord your God,
who brought you up out of the land of Egypt.
Open your mouth wide, and I will fill it.**

**Glory to the Father and to the Son and to the Holy Spirit: as
it was in the beginning, is now, and will be forever. Amen.**

**Leader: The Holy Gospel of our Lord Jesus Christ
according to Mark.**

People: Glory to you, Lord Christ.

One Sabbath he was going through the grainfields, and as they made their way, his disciples began to pluck heads of grain. And the Pharisees were saying to him, "Look, why are they doing what is not lawful on the Sabbath?" And he said to them, "Have you never read what David did, when he was in need and was hungry, he and those who were with him: how he entered the house of God, in the time of Abiathar the high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and also gave it to those who were with him?" And he said to them, "The Sabbath was made for man, not man for the Sabbath. So the Son of Man is lord even of the Sabbath."

Leader: The Gospel of the Lord

People: Praise to you, Lord Christ.