

A reading from Hebrews chapter 5 verses 7 through 14. You can find this reading on page 1003 of your pew Bible.

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to him who was able to save him from death, and he was heard because of his reverence. Although he was a son, he learned obedience through what he suffered. And being made perfect, he became the source of eternal salvation to all who obey him, being designated by God a high priest after the order of Melchizedek.

About this we have much to say, and it is hard to explain, since you have become dull of hearing. For though by this time you ought to be teachers, you need someone to teach you again the basic principles of the oracles of God. You need milk, not solid food, for everyone who lives on milk is unskilled in the word of righteousness, since he is a child. But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil.

**The Word of the Lord.
Thanks be to God.**

Please join me in praying Psalm 19.

Leader: The law of the Lord is perfect,
reviving the soul;

People: **the testimony of the Lord is sure,
making wise the simple;**

Leader: the precepts of the Lord are right,
rejoicing the heart;

**People: the commandment of the Lord is pure,
enlightening the eyes;**

Leader: the fear of the Lord is clean,
enduring forever;

**People: the rules of the Lord are true,
and righteous altogether.**

Leader: More to be desired are they than gold,
even much fine gold;

**People: sweeter also than honey
and drippings of the honeycomb.**

Leader: Moreover, by them is your servant warned;
in keeping them there is great reward.

**People: Who can discern his errors?
Declare me innocent from hidden faults.**

Leader: Keep back your servant also from presumptuous sins;
let them not have dominion over me!

**People: Then I shall be blameless,
and innocent of great transgression.**

Leader: Let the words of my mouth and the meditation of my heart
be acceptable in your sight,

People: O Lord, my rock and my redeemer.

**Glory to the Father and to the Son and to the Holy Spirit: as it
was in the beginning, is now, and will be forever. Amen.**

**Leader: The Holy Gospel of our Lord Jesus Christ
according to Luke.**

People: Glory to you, Lord Christ.

And he came out and went, as was his custom, to the Mount of Olives, and the disciples followed him. And when he came to the place, he said to them, "Pray that you may not enter into temptation." And he withdrew from them about a stone's throw, and knelt down and prayed, saying, "Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done." And there appeared to him an angel from heaven, strengthening him. And being in agony he prayed more earnestly; and his sweat became like great drops of blood falling down to the ground. And when he rose from prayer, he came to the disciples and found them sleeping for sorrow, and he said to them, "Why are you sleeping? Rise and pray that you may not enter into temptation."

Leader: The Gospel of the Lord

People: Praise to you, Lord Christ.