

# APEX “Who We Are”

## Who We Are

Middle school and high school can be tough. You’re navigating new opportunities and routines at school, your friendships seem to change daily, and your parents find new ways to annoy you all the time. On top of all that, you’re trying to figure out what it means to follow Jesus in the midst of your everyday life.

Do You need a place where it’s ok to just be you? Where you can ask real questions and get honest answers? Where you and your faith are taken seriously? And where you might just wind up playing a game involving water balloons, CoolWhip, and a jump rope. You need APEX—and APEX needs you!

During this time of social distancing and mask-wearing, [APEX is meeting weekly on Zoom](#) on Sunday nights from 7–8:15pm. We also are doing a number of small events in-person, which you can [sign up for here](#).

## We are...

6th – 12th graders from public and private schools all over Arlington, McLean, Falls Church, and more.

An awesome team of committed and hand selected leaders from our congregation who have a passion for Christ and a heart for raising up the next generation. These are people whose lives are shaped by the gospel, who are passionate about reaching youth, and who love to have fun. They love being mentors and role models so that our youth never have to wonder whether there’s anyone they can talk to about whatever is going on in their lives.

Nathan Dickerson, Ryan Goyer, and Lexi McMann lead our youth ministry team with a group of dedicated volunteers. Contact us [via email](#).

## Youth Safety

We take the safety of our youth very seriously. We ask that all APEX volunteers have been part of the Restoration community for at least six months. Additionally, all our volunteers undergo background checks and go through our child and youth safety training annually. If you’d like to know more, take a look at our [youth safety policy](#).

## Questions

Have more specific questions? Contact our youth ministry team [here](#).